

# 25 sports-inspired writing activities!

These 25 fun ideas combine the thrill of sports with improving your writing skills. Game on!

## 1 Sports hero.

Write a short biography about your favourite sporting hero. Include their background, achievements, and why they inspire you.

## 2 Active journal.

Keep a daily journal of your favourite sports activities or exercises. Describe what you did, how you felt and what you learned.

## 3 Sport commentary.

Watch a sports event and write your own commentary as if you were a sports broadcaster.



## 4 Rules of the game.

Choose a sport and write a clear and concise guide explaining the rules and how the game is played.

## 5 Inspirational interview.

Imagine you could interview a famous sports person. Write down the questions you would ask them and their possible answers.



## 6 Sports struggles.

Write a short story about a character who overcomes challenges through their love of sports.



## 7 Match report.

Write a detailed report of a recent sports match you watched or took part in. Include the key moments, the score and your personal thoughts.

## 8 Punchy poetry.

Write a poem about your favourite sport. Use descriptive language to capture its excitement and energy.



## 9 A day in the life.

Pretend you are a famous athlete and write a diary entry about a day in your life, including training, competitions, and downtime.

## 10 News article.

Write a news article about a recent sporting event. Include the who, what, when, where, and why of the event.

## 11 Fitness routine.

Create a weekly fitness routine and describe each exercise. Explain how each activity helps improve physical fitness.

## 12 Memorable moments.

Write about your favorite memory related to sports. Describe the event, your feelings, and why it stands out to you.

## 13 Dream team.

Create your ultimate sports team. Write a bit about each player explaining why you chose them and what makes them special.

## 14 Fan mail.

Write a letter to your favourite athlete. Tell them why you admire them and ask them any questions you have.



## 15 Rule change.

Think of a rule in a sport that you would like to change. Write an argument explaining your new rule and why it would improve the game.

## 16 Training tips.

Write a list of training tips for beginners in a sport you enjoy. Include advice on techniques, practice routines and safety.

## 17 Healthy eating plan.

Write a healthy eating plan for an athlete. Include different meals and explain how each one will support their performance.

## 18 Awesome Ads.

Design an advertisement for your favourite sport or sports team. Write a catchy slogan and describe the key features.

## 19 Sporting trivia.

Create a sports trivia quiz with questions and answers about different sports, athletes and sporting records. Quiz your friends!

## 20 Equipment guide.

Choose a sport and write a guide to the essential equipment needed. Describe each item and its purpose.

## 21 Sports comics.

Create a comic strip featuring a sports event. Write captions and dialogue to bring the story to life.



## 22 Team chant.

Write a team chant or cheer to motivate your favourite sports team. Use rhyming words and a catchy rhythm.

## 23 Victory speech.

Imagine you have just won a major sports event. Write a victory speech thanking those who helped you achieve your success.



## 24 Obstacle course.

Design an obstacle course and write detailed instructions on how to navigate each part of the course. Include tips and strategies.

## 25 Sports dream.

Write a story about a dream where you become a sports star. Describe the challenges you face and how you achieve your dream.